



A new book for girls in your high school small groups

Graceful: Letting Go of Your Try-Hard Life {For Young Women} is for the good test taker and the strict list maker, for the rule follower, the fear wallower, the messy and the misunderstood. For the self-critic, the silent judge, and the girl who feels invisible. For the girls afraid to fail and the Christians who don't really know Jesus. *Graceful* encourages girls to discover what it means to be real and to look at themselves and their faith with new eyes.

Reading *Graceful* students will:

- ...learn there is more to being a Christian than being good
- ...identify 8 common good girl voices who speak words different from God's
- ...relate to real life stories and examples great for group discussion
- ...be exposed to deep Biblical truths wrapped in memorable imagery

Includes questions for individual reading as well as a free small group leader guide available for download here: gracefulthebook.com



EMILY P. FREEMAN is the wife of a youth pastor as well as a high school small group leader. Her first book, *Grace for the Good Girl*, found a home in the hearts of women and offered them a taste of freedom from the try-hard life. With the same candor and gentle spirit, Emily now writes for young women.

PRAISE FOR GRACEFUL:

"Emily will take girls to that place where not only will they start to tear down walls of guilt, insecurity, and self-doubt, but they will also discover a deeper love for Jesus Christ, their Creator and Savior, whose hands are strong enough to carry them through every self-loathing thought."

— SARAH NUTTER, YOUTH LEADER

PRAISE FOR EMILY'S WRITING:

"When you read certain writers, you know it's a calling, because on every page, it's there: the echo of God's voice. Emily Freeman is one of those rare writers: profoundly biblical, lyrical, transparent-memorable."

— ANN VOSKAMP, NEW YORK TIMES BESTSELLING AUTHOR OF *ONE THOUSAND GIFTS*

Graceful available September 1 wherever books are sold.

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